

APEX CADAVER ARTHOPLASTY COURSE

BASIC TO ADVANCED
PRIMARY & REVISION

Under the aegis of VOA

**24 - 25
JANUARY 2026**

 RADISSON, VARANASI



~ Organized by ~

Welcome Message...

Dear Colleagues & friends,

It is our immense pleasure and proud privilege to extend a very warm welcome to all delegates, faculty members, and participants to the AAA Apex Cadaver Arthroplasty and Arthroscopy Course, being organized by Apex Super Specialty Hospital & PGI, Varanasi, in association with the Department of Anatomy, IMS BHU, Varanasi, under the esteemed aegis of the Varanasi Orthopaedic Association (VOA), on 24th–25th January 2026.

This academic event is designed to provide an exceptional learning platform focusing on the latest advancements and surgical techniques in Arthroscopy and Arthroplasty, with the unique advantage of hands-on cadaveric training. The course aims to bridge the gap between theory and practice, empowering young orthopaedic surgeons and postgraduate trainees with enhanced surgical confidence and refined technical skills.

We are honored to host distinguished international, national, and regional faculty who will share their invaluable experience and expertise. We are confident that this course will not only enrich your knowledge but also foster enduring academic collaborations and friendships.

We warmly welcome you to the spiritual city of Varanasi, where tradition meets innovation, and learning blends with heritage. May this event be an enlightening and memorable experience for all.

With warm regards,
Organizing Committee
AAA Apex Cadaver Arthroplasty and Arthroscopy Course 2026
Apex Super Specialty Hospital & PGI, Varanasi
(In association with Department of Anatomy,
IMS BHU, under the aegis of VOA)



Arthroplasty Academic Session (24th Jan. 2026, Saturday)

10:00 am – 11:00 am

Case Presentations

11:00 am – 01:00 pm

Lecture

- **Implant Design: What Every Surgeon Should Know** - Dr. Subhash Jangid
- **Prehab & Optimization: Building the Foundation for Successful Surgery** - Dr. Prof. Ajit Singh
- **Aim, Align, Achieve: Mastering Component Positioning & Preventing Errors** - Dr. Narendra Reddy
- **Managing Bone Loss in Primary TKA: When Routine Becomes Complex** - Dr. Prof. Amit Rastogi
- **Alignment Philosophies in 2025: Mechanical Vs Kinematic Vs Functional** - Dr. Rakesh Rajput
- **TKA in the Rheumatoid Knee: Understanding the Challenges** - Dr. Subhash Jangid
- **TKA in Stiff Knee: Tips & Tricks** - Dr. Rakesh Rajput
- **Instability in Primary TKA: Diagnosis & Algorithmic Management** - Dr. Alessandro Lelli

01:00 pm

Lunch

02:00 pm – 02:45 pm

Lecture

- **Revision TKA: An Algorithm for Success** - Dr. Alessandro Lelli
- **Revision Implant Design: What Every Surgeon Should Know** - Dr. Narendra Reddy

02:45 pm – 03:45 pm

Case Presentations

03:45 pm – 05:00 pm

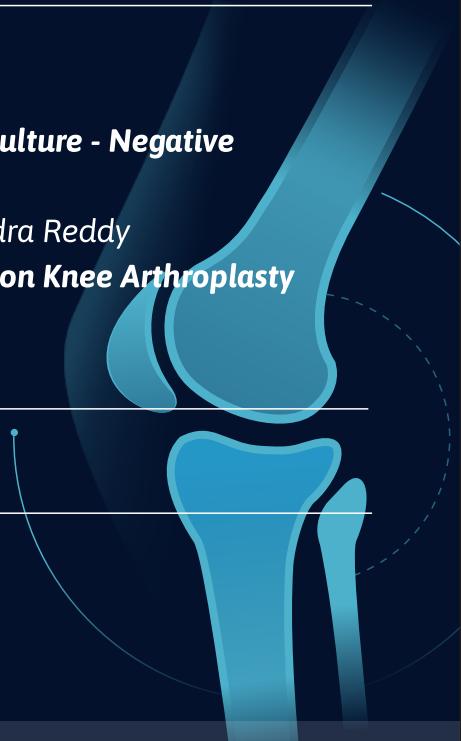
Lecture

- **Managing Acute and Chronic PJI: Antibiotic Selection, Duration, and Culture - Negative Strategies** - Dr. Rakesh Rajput
- **Management of Patellofemoral Problems in Revision TKA** - Dr. Narendra Reddy
- **Restoring What Matters: Gap, Joint Line, and Condylar Offset in Revision Knee Arthroplasty** - Dr. Rakesh Rajput
- **Bone Defect Management in Revision TKA** - Dr. Alessandro Lelli

Inauguration

7 pm onwards

Gala Dinner



Cadaveric Arthroplasty Workshop (25th Jan. 2026, Sunday)

Anatomical specimen laboratory

08:15 am – 09:00 am

Transfer to the Anatomical Specimen Laboratory

Meeting Point: Radisson Hotel, Lawn (08:00 am)

09:00 am – 09:15 am

- **Preparation for the Anatomical Specimen Laboratory - Dr. Sanjay Yadav**

09:15 am – 09:30 am

- **Introduction to the Laboratory & Overview of Day's Activities - Dr. Swaroop Patel**

09:30 am – 10:00 am

- **Understanding the Principles of TKA - Dr. Subhash Jangid**

10:00 am – 01:00 pm

Anatomical Specimen Laboratory—Knee Arthroplasty

- **Perform a Primary TKA**
- **Tibial Preparation**
- **Femoral Preparation**
- **Trials**

All Faculty

01:00 pm – 02:00 pm

Lunch Break

02:00 pm – 02:30 pm

- **Understanding the Principles of Revision TKA - Dr. Rakesh Rajput**

02:30 pm – 04:30 pm

- **Perform Exposure, Including Quadriceps Snip Exposure**
- **Tibial & Femoral Implant Extraction**
- **Use of Revision System**
- **Reimplantation Techniques**
- **All Faculty**

Course evaluation



Faculty

International



Dr. Alessandro Lelli
Italy



Dr. Deependra Yadav
Nepal

National



Dr. Narendra Reddy
Andhra Pradesh



Dr. Rakesh Rajput
Kolkata



Dr. Subhash Jangid
New Delhi

Regional

Dr. Abhinav Agarwal Dr. Prof Ajit Singh Dr. Amit Jaiswal Dr. Prof Amit Rastogi
Dr. Chandan Kishore Dr. Karmaraj Singh Dr. Rohit Pandey Dr. Prof S C Goel
Dr. Prof Sanjay Yadav Dr. Unmesh Chakravorty Dr. Vijay Singh Dr. Vineet Yadav

Under the aegis of VOA



Dr. H C Agrawal
(President)



Dr. Sanjay Yadav
(Secretary)

Organizing Committee



Organizing Chairman
Dr. S K Singh



Organizing Secretary
Dr. Swaroop Patel



Co-Organizing Secretary
Dr. Amit Jha



Co-Organizing Secretary
Workshop
Dr. Vishnu Panigrahi



Co-Organizing Secretary
Workshop
Dr. Sanjeev Singh



Co-Organizing Secretary
Workshop
Dr. Nitin Choudhary

APEX CADAVER ARTHOPLASTY COURSE

**BASIC TO ADVANCED
PRIMARY & REVISION**

Under the aegis of VOA



For Registration

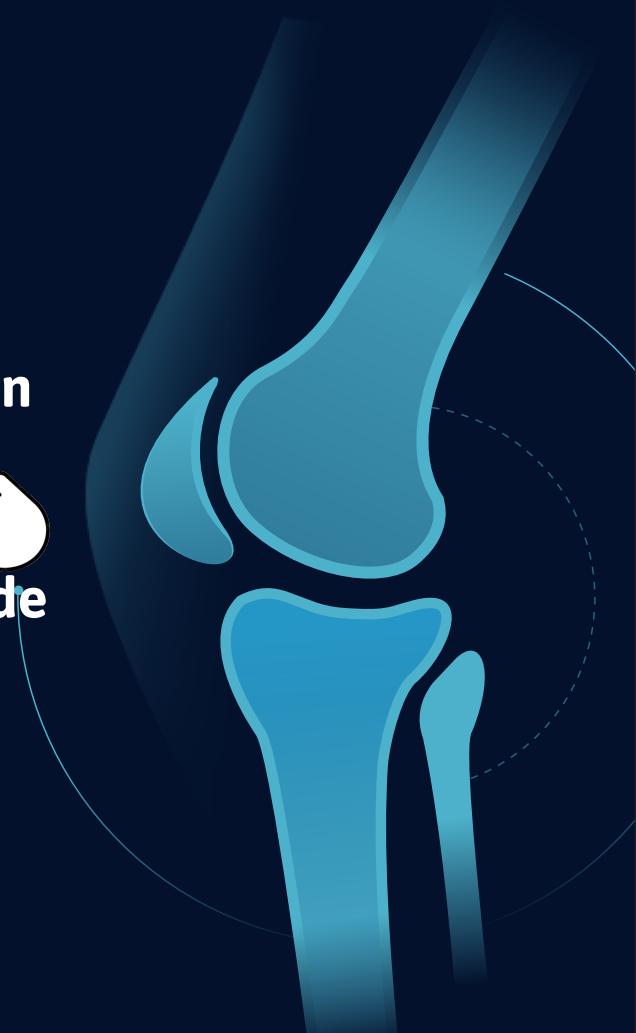
CLICK HERE

Or Scan QR Code

Registration Fee

(Non Residential)

Apex Arthroplasty Course | ₹ 12,000
24th - 25th January 2026



Conference Secretariat

Apex Super Speciality Hospital & PGI

BLW-Hydel Road, Varanasi, UP-221004

Contact: 8840464583

Email: activityapex@gmail.com